

THE BUS STOPS HERE



Safety Newsletter

January 21, 2022



SUFFOLK TRANSPORTATION SERVICE, INC

SUFFOLK BUS CORP.

CALLING ALL 'C' CLASS LICENSE HOLDERS AND DA'S

If you have been thinking about upgrading your license or getting your CDL permit, **NOW IS THE TIME!** After 2/6/22, if you obtain a B/PS permit you will be subject to new course regulations from the Federal Motor Carrier Safety Administration. **To help you pass your permit test before 2/6/22, you can join us for a CDL Permit Class on Tuesday, 1/25/22, at 9:30 AM at the Saxon, Pond Rd, or Coram classrooms.** This class is open to walk-ins or you can register by emailing Ksheehan@suffolkbuss.com. Don't forget to tell your family and friends.

AFFORDABLE HEALTH INSURANCE PLANS: The Health & Wellness Council of Long Island is offering free information on affordable health care plans. There are options for quality affordable health plans for you and your family. Information on Child Health Plus, Qualified Health Plans, Essential Plans, and Medicaid are only a phone call away. To get more information or schedule a virtual appointment, contact the Health Care Access line at: 516-505-4426 or email Fatima at Flasso@hwcli.com; Yokairy at ygalvez@hwcli.com.

STRESSOR TRIGGERS: Many children with disabilities have difficulty expressing pain and fear. Try not to expect your riders to do something that they are not capable of doing without knowing how. For instance, avoid telling riders to calm down. Instead encourage them to take a deep breath slowly through their nose and back out through their mouth. You can encourage your riders to "blow out the candles" as they exhale. Mindfully, breathe along with your riders and remind them this will help them to have a calm mind and a calm body. Lastly, to be most effective in intervening early and maintaining your connection with your riders, ignore the behavior but not the rider.



VACCINE AND BOOSTER SHOTS: Northwell is administering both the Moderna & Pfizer vaccine and booster shots at the Westfield Bay Shore Mall, JC Penney/Panera Entrance. Once inside the mall, the Northwell entrance is down two stores on the left.

The hours of operation are Monday-Thursday from 12PM-8PM. They are also conducting COVID testing. The link to register is: <https://northwellvaccine.force.com/s/?id=a1T4x000007TwsOEAS>

TESTING SCHEDULE: All non-vaccinated school bus employees must test weekly. This is a NYS mandate for all school personnel. While the testing rule for companies with 100 employees is no longer a mandate, school bus drivers and driver assistants in NYS must still test. Family members are welcome to test at 1849 Pond Rd & Harold Ct ONLY:

Tuesday, 1/25/22 [Rapid]	Bay Shore Hiring Center, 2309 Union Blvd, Bay Shore	9:30AM-5:30PM
Wednesday, 1/26/22 [PCR]	1849 Pond Rd Trailer, Ronkonkoma	10:00AM-12:00PM
Thursday, 1/27/22 [Rapid]	Coram Hiring Center, 2152 Route 112, Coram	9:30AM-5:30PM
Friday, 1/28/22 [PCR]	10 Harold Ct, Bay Shore	10:00AM-12:00 PM



PROJECT WARMTH: The United Way of Long Island offers emergency heating assistance to those in need. If you or someone you know needs help with their heating bills, contact Project Warmth at 211 or 1-888-774-7633.



FACEBOOK: This week's spotlight is Luz Castillo, cover driver out of Harold Ct.

"Change the way you look at things and the things you look at change"