

Safety Newsletter

July 29, 2022



SUFFOLK TRANSPORTATION SERVICE, INC • SUFFOLK BUS CORP.

SUMMER FUN

BEACH BICYCLE CAMP COACH CARD FAMILY FUN NO SCHOOL NO TEXTING POST TRIP PRETRIP REFRESHER SAFE SPEED SAFETY SEAT BELTS SERVICE ANIMAL SUMMER SUNSCREEN VACATION

"HOT TEMPERATURES / HOT TEMPERS": Summer means a lot of things: hot weather, barbecues, swimming pools, vacations and more. However, summer not only means hot weather, but it also means hot tempers too! Scientific research has proven that hot weather has a direct link to people's moods as well. It seems to be a fact of human nature, the higher the temperature, the lower your boiling point. Psychologist Linda Emerson says: "When you're hot, you're not thinking as clearly...so you're more likely to have a knee jerk reaction and go off on somebody. That can turn little disagreements into huge fights in a heartbeat."



Therefore, as an elite transportation company, we must be prepared to deal with those hot tempers on a daily basis. As professionals, we must all know how to defuse situations that can become volatile. A calm word, or sometimes no words at all, can prevent a volatile situation from escalating. Also keep in mind that we not only deal with the general public but also deal with people in society that are stricken with ailments, be it physical or cognitive. So, this summer, let's go with the old adage "cooler heads prevail" and show why Suffolk Transportation Service and Suffolk Bus Corp. are the "coolest" company around.

"You don't get what you wish for, you get what you work for".