

<u>SCHOOL BUS REFRESHERS</u>: If you have not signed up for a refresher class yet, please do so immediately. You must attend a refresher in order to pick or be assigned to a route for September: <u>AUGUST SCHOOL BUS PICKS</u>:

August 17, 2022	 Large Bus Pick PREVIEW	My Parking Space	
August 18, 2022	Large Bus Pick	7;00 AM	Saxon
August 19, 2002	Large Bus Pick	7:00 AM	Saxon
August 23, 2022	Van/DA Pick Preview	My Parking Space	
August 24, 2022	Babylon LB & Van Pick	7:00 AM	Saxon
August 24, 2022	Babylon DA Pick	7:30 AM	Saxon
August 24, 2022	Van Pick	8:00 AM	Saxon
August 25, 2022	Van Pick	7:00 AM	Saxon
August 25, 2022	DA Pick	7:00 AM	1849 Pond Rd.
August 26, 2022	Van Pick	7:00 AM	Saxon
August 26, 2022	DA Pick	7:00 AM	1849 Pond Rd.

Your pick date and time will be on MPS. Information will be posted by Monday, 7/11/22. Click on "Pick Info", click on School LB or School Van to view your pick time and date. DA pick information can be



found under School Van.

DISCOUNTED HOME HEATING OIL: How would you like a discount of .07c per gallon off on your next oil delivery? Next Day Fuels is offering the discount to all STS and SBC employees. Visit their website at <u>www.nextdayfuels.com</u> and enter the coupon code "sts22". A minimum purchase of 100 gallons of home heating oil is needed to receive the discount.

"HOT TEMPERATURES / HOT TEMPERS": Summer means a lot of things: hot weather,

barbecues, swimming pools, vacations and more. However, summer not only means hot weather, but it also means hot tempers too! Scientific research has proven that hot weather has a direct link to people's moods as well. It seems to be a fact of human nature, the higher the temperature, the lower your boiling point. Psychologist Linda Emerson says: "When you're hot, you're not thinking as clearly...so you're more likely to have a



knee jerk reaction and go off on somebody. That can turn little disagreements into huge fights in a heartbeat." Therefore, as an elite transportation company, we must be prepared to deal with those hot tempers on a daily basis. As professionals, we must all know how to defuse situations that can become volatile. A calm word, or sometimes no words at all, can prevent a volatile situation from escalating. Also keep in mind that we not only deal with the general public but also deal with people in society that are stricken with ailments, be it physical or cognitive. So, this summer, let's go with the old adage "cooler heads prevail" and show why Suffolk Transportation Service and Suffolk Bus Corp. are the "coolest" Company around.

This week's Facebook spotlight is Ilsi Perla, driver assistant for Lindenhurst out of Harold Ct.

"Attitude is a choice. Happiness is a choice. Optimism is a choice. Kindness is a choice. Giving is a choice. Respect is a choice. Whatever choice you make reflects you... so choose wisely."