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*Safety Newsletter*

April 7, 2023



SUFFOLK TRANSPORTATION SERVICE, INC

SUFFOLK BUS CORP.



**HERE WE GROW AGAIN:** Our newest classroom at 1849 Pond Rd on Smithtown Ave opened this past weekend for the Transit Sensitivity class. We are also holding the School Bus Refresher classes at this site. The classroom can hold up to 225 seats with a spacious driver's room. New hire training will be held at this site during the summer months. We are proud to add this 6,500+ square foot facility to our list of properties!

**AMERICAN HEART ASSOCIATION:** April is Move More Month. Now more than ever we need to encourage all of us to focus on our mental and physical health. Exercise has numerous benefits, such as relieving stress,

improving sleep, preventing chronic diseases, and controlling weight. It may also help with cognitive skills, including memory and attention. Walking is one of the simplest ways to get active and stay active. With each step you take, you travel further down the path to a healthier lifestyle. Research has shown that walking can have a significant impact on your health by lowering your chances of heart disease. Physical activity is more important than ever for maintaining physical and mental health. Science shows that being more active can help you feel, think, and sleep better so the American Heart Association recommends that we move more, with more intensity, and sit less.



**SCHEDULE CHANGE:** Please note the School Bus Refresher scheduled for Wednesday, 4/12, in Coram will begin at 10:30AM, not 9:30 AM.

**SCHOLARSHIP APPLICATIONS:** The annual scholarship is open to the children of employees of New York School Bus Contractors Association member companies. STS is a proud member of this association. A one-time \$2,500 scholarship will be paid directly to the educational institution for the 2023/2024 school year. The scholarship winner will be announced prior to the end of the current school year.



The application for the scholarship fund can be found on My Parking Space, click on "Notifications", click on "Forms". **All applications must be received at the address stated on the application no later than 5/1/23.**



**SUMMER WORK:** Yes, we are planning our summer season! Sign-up is now available on My Parking Space. Click on the Sun icon on your mobile device to sign up. All drivers and DA's hired on 1/1/17 or later need to sign up for summer work and attend the pick. If we have enough employees, you may get the opportunity to pass on summer work. Remember, summer programs are 6-8 weeks in duration.

**CDL PERMIT CLASS:** We are holding a CDL permit class on Wednesday, 4/19, from 10:00AM-1:00 PM at the Safety & Training Center, 50 Saxon Ave. This is a great opportunity for DA's and friends and family to come in and get more information on driving and obtaining a CDL permit. This class is free, and everyone is welcome. Remember, you get a \$500 bounty for every driver referral you make after they drive with us for 6 months!



**FACEBOOK:** This week's spotlight is Linda Murphy, SBC Reservationist out of 1980 Pond Rd



*"Happy Easter, Happy Passover, Happy Spring"*