

THE BUS STOPS HERE



Safety Newsletter

June 2, 2023



SUFFOLK TRANSPORTATION SERVICE, INC

SUFFOLK BUS CORP.

SUMMER REFRESHERS: The class schedule for summer refreshers will be posted on MPS next Friday. The schedule consists of 18 classes in three separate classrooms for both day and evening. Please make sure you attend a summer refresher class so you can pick a route for the new school year. The summer refresher class will be paid upon your return to work in September.

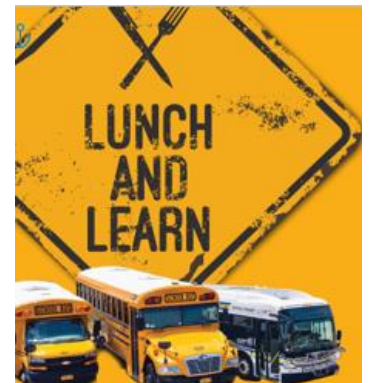


SUMMER WORK: We are planning our summer season! Sign-up is now available on My Parking Space. Click on the Sun icon on your mobile device to sign up. All drivers and DA's hired on 1/1/17 or later are mandated to sign up for summer work and attend the pick. Please help us by signing up. It is so much smoother when supervisors don't have to make calls looking for you. If we have enough employees, you may get the opportunity to 'pass' on summer work. Remember, summer programs are 6-8 weeks in duration.

SUMMER PICK DATES: Mark your calendars...

Summer Pick Preview	Tuesday, 6/20	On My Parking Space
Summer Pick	Wednesday, 6/21	5:15 PM Saxon Classroom
Summer Pick	Thursday, 6/22	5:15 PM Saxon Classroom
DA Summer Pick	Friday, 6/23	5:15 PM 1849 Pond Rd, Ronkonkoma

LUNCH & LEARN SERIES: Our next Lunch & Learn is scheduled for Friday, 6/9, at 1780 Smithtown Ave from 11:00AM-12:00 noon. The topic is **Nutrition & You**. Our instructor, Ashley Vadasz, is a Marine Corps Veteran and a Registered Dietitian/Nutritionist (RDN). Ashley takes a holistic and functional approach to create personalized nutrition care plans for her clients. She educates and empowers her clients how to navigate the confusing world of nutrition for optimal health and longevity. Ashley works with firefighters and police officers and now bus drivers and driver assistants. You can register by emailing: lunch-and-learn@suffolkbuss.com



AMERICAN HEART ASSOCIATION: In 2007, the American Heart Association, in coalition with the American Red Cross and the National Safety Council, worked collaboratively to designate a National CPR and AED Awareness Week federally. On December 13, 2007, Congress unanimously passed a resolution to set aside June 1-7 each year as National CPR and AED Awareness Week to spotlight how lives can be saved if more Americans know CPR and how to use an AED. Their campaign reinforces these skills but also places importance on the willingness of bystanders to act in a cardiac arrest emergency. We invite you to celebrate National CPR and AED Awareness Week in your community. To get started please visit cpr.heart.org.



FACEBOOK: This week's spotlight is Phyllis DiPilla, HR administrative assistant out of 10 Moffit Blvd. A big shout out to Phyllis for organizing this week's Employee Appreciation Days!!

"Every accomplishment starts with the decision to try."