

# THE BUS STOPS HERE



*Safety Newsletter*

August 11, 2023



SUFFOLK TRANSPORTATION SERVICE, INC

SUFFOLK BUS CORP.

**REFRESHER CLASS REMINDER:** Please make sure you attend a summer refresher class so you can pick a route for the new school year. The summer refresher class will be paid upon your return to work in September. If you are having trouble enrolling, please contact Linda Licata: [llicata@suffolkbuss.com](mailto:llicata@suffolkbuss.com).

**AUGUST SCHOOL BUS PICKS:**

August 23, 2023	Large Bus Preview	My Parking Space
August 24, 2023	Babylon Large Bus Pick	Saxon
August 24, 2023	Large Bus Pick	Saxon
August 25, 2023	Large Bus Pick	Saxon
August 25, 2023	Van & DA Pick Preview	My Parking Space
August 28, 2023	Babylon Van Pick	Saxon
August 28, 2023	Van Pick	Saxon
August 29, 2023	Babylon DA Pick	1849 Pond Road
August 29, 2023	DA Pick	1849 Pond Road
August 29, 2023	Van Pick	Saxon
August 30, 2023	Van Pick	Saxon
August 30, 2023	DA Pick	1849 Pond Road

Your pick date and time have been posted on MPS. Click on "Pick Info," click on **School LB** or **School Van** to view your pick date and time. DA pick information can be found under **School Van**. NOTE: the Babylon employees are at the top of each spreadsheet (first picks). NOTE: The pick date and time document on MPS does not include our 52-week employees as they do not pick. For your actual seniority number please refer to the July 2023 seniority list on MPS. This document represents all employees.

**MESSAGE FROM THE AMERICAN HEART ASSOCIATION:** It's important to know the signs and symptoms when you may be experiencing too much heat. Symptoms of heat exhaustion:



- headaches
- heavy sweating
- cold, moist skin, chills
- dizziness or fainting (syncope)
- a weak and rapid pulse
- muscle cramps
- fast, shallow breathing
- nausea, vomiting or both

If you experience these symptoms, move to a cooler place, stop exercising and cool down immediately by dousing yourself with cold water and re-hydrating. You may need to seek medical attention. If you experience symptoms of a heat stroke, call 9-1-1 and get medical attention right away.

**JULY SAFETY WINNERS:** Audely Velasquez, large bus; Sandra Cambizaca, van; Marcela Mendez, DA; Victor Chacon, Transit; Jubenal Alvarado, ADA; Carlos Vasquez, Shop; Doug Keller, management. Congratulations to all!



**FACEBOOK:** This week's Facebook spotlight is Ramon Montoya, Cover DA out of 1849 Pond Road

*"Your goal should be just out of reach but not out of sight."*