

THE BUS STOPS HERE



Safety Newsletter

March 29, 2024



SUFFOLK TRANSPORTATION SERVICE, INC

SUFFOLK BUS CORP.

LONGWOOD CENTRAL SCHOOL DISTRICT: Tommy Smith, Joseph Corrado and Andy Kaminaris visited with Superintendent Lance Lohman, Assistant Superintendent Janet Bryan, and Transportation Coordinator John Ryan from Longwood Central School District. The purpose of the visit was to showcase new equipment allocated to their fleet; STS drivers Miguel ChicasRamirez and Elissa Trusnovac are thrilled to drive the new buses.



CHILD CHECKMATE: It is important to remember that the Child Checkmate is there for the safety of the students, as well as the drivers and driver assistants. Please do not tamper with or alter the system's operation. If the system is not working, inform your supervisor immediately so we can respond and get the device back up and running properly.

STS UNIFORM POLICY: Company issued attire must be worn from the waist up and must have the STS logo. While we appreciate creativity, uniform compliance does not include adding our logo to your personal attire and wearing as a substitute for Company issued shirts, jackets, and hats.

RECHARGE WITH A GOOD NIGHT'S REST: Sleep is an important healthy habit, but many adults don't give it the attention it deserves. The CDC notes that 1 in 3 adults don't get the recommended seven or more hours of sleep each night. This poses short and long-term problems as a lack of sleep deprives your brain and body of the chance to repair and recharge. When you don't get enough sleep, you'll probably be crabby and less productive the next day.

Because you're fatigued, you're also putting yourself at a higher risk of being involved in a motor vehicle crash. For the good of your health, make it a priority to get enough rest as often as possible.

Try these tips:

- Embrace routine - go to bed and get up at roughly the same time each day, even on weekends.
- Don't be afraid of the dark - make sure your bedroom is relaxing, quiet, and dark.
- Adjust the thermostat - keep your bedroom at a comfortable temperature.
- Eat right - don't eat a large meal shortly before going to bed. Avoid alcohol and caffeine

before bedtime.

SPRING BREAK: As we gear up for the upcoming spring break, we want to ensure everyone is clear on how pay will be handled during this time, especially for our school bus drivers and driver assistants. For those of you who are guaranteed 40 weeks of work, rest assured that you will be paid for the spring break week, it is important to work the day before and the day after your guaranteed week to receive this benefit. For other employees who are not guaranteed 40 weeks of work, you have the option to file an unemployment claim for the week. It's important to note that if you do work any hours during that week, you must report those hours to unemployment. If you're unsure about the number of weeks you are guaranteed, please reach out to your supervisor for clarification. Alternatively, you can log onto My Parking Space on your PC. Once logged in, scroll down on the landing page to see the number of weeks you are guaranteed. We hope this information helps clarify any questions. Partial unemployment eligibility directions can be found on MPS under Notifications/Forms.



FACEBOOK: This week's spotlight is Tammy Scott, Cover DA/MicroTransit Call Center Agent

*"With an amazing team like you, every day is special."
"Enjoy this special time of year."*

