

THE BUS STOPS HERE



Safety Newsletter

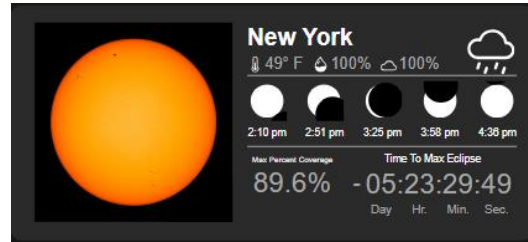
April 5, 2024



SUFFOLK TRANSPORTATION SERVICE, INC

SUFFOLK BUS CORP.

TOTAL SOLAR ECLIPSE: On Monday, April 8th, Long Island will experience a rare solar eclipse between 3:15pm and 3:30pm. Long Island will see 88% coverage of the moon over the sun. Do not attempt to watch the solar eclipse while driving! Peak darkness phase will last just a few minutes.



- Be on the lookout for the potential of clogged roads, breakdowns, and crashes/accidents.
- Drive with your headlights on. Not only will you be much more visible to other drivers, your forward vision will be improved.
- Watch out for pedestrians! There may be many people standing in or along the roadway to get a glimpse.
- Watch for animals too! When a solar eclipse reaches totality, nocturnal wildlife can awaken, thinking that it's nighttime, and non-nocturnal wildlife might think it's time to head to sleep.
- Be alert to the possibility of increased traffic and distracted drivers swerving into your lane.
 - Other drivers may be attempting to watch the eclipse and drive at the same time.
 - To help prevent trouble, keep additional space between you and other vehicles.
 - Reduce your speed so you will have more time to make an emergency maneuver if needed.

SUMMER WORK: Yes, we are planning our summer season! Sign-up is now available on My Parking Space. Click on the Sun icon on your mobile device to sign up. All drivers and DAs hired on 1/1/18 or later need to sign up for summer work and attend the pick. If we have enough employees, you may get the opportunity to pass on summer work. Remember, summer programs are 6-8 weeks in duration.

PARATRANSIT PICK: The Paratransit pick is scheduled for Sunday, 4/7, starting at 7:00am at 1780 Smithtown Ave, Ronkonkoma in the classroom.

AMERICAN HEART ASSOCIATION: April is Move More Month, what are you doing to stay active? Did you know that one in three adults over the age of 50 gets no physical activity outside of work? It's time to make a change. Here are some tips:

- Fit in 150+ - get at least 150 minutes per week of moderate-intensity aerobic activity.
- Move More, Sit Less - get up and move throughout the day.
- Add Intensity - moderate to vigorous aerobic exercise is best.
- Add Muscle - include moderate- to high - intensity muscle - strengthening activity.
- Feel Better - physical activity is one of the best ways to keep your body and brain healthy.

CDL PERMIT CLASS: Our CDL Permit Class is a great opportunity for our DAs, our families, and friends to learn more about our great Company. Our next CDL permit class is Wednesday, 4/10, from 10:00AM-1:00PM at the Safety and Training facility located at 1780 Smithtown Ave, Ronkonkoma. This class is free, and everyone is welcome. Remember, we offer a \$500 bounty for every driver referral providing they are hired and drive for a minimum of 6 months!

FACEBOOK: This week's spotlight is Michael Totino, Van driver for Hauppauge UFSD out of 1849 Pond Rd.



"I never lose, I either win or I learn."

Nelson Mandela



SEARCH
FOR SLEEPING CHILDREN